

Discovery Village at Tampa Palms - February 2026 – Assisted Living Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Feb 01 10:30 AM Church Outing – St Marks Catholic Church (L) 1:30 PM: Cornhole (BO) 2:00 PM Piano Entertainment (L) 3:00 PM Rummikub (LGR) 3:30PM Afternoon Singalong (THR) 6:30 PM Evening Cinema (THR)	Feb 02 10:30 AM Morning Meditation (LGR) 11:00 AM Cardio Drumming (LGR) 1:30 PM Bingo (LGR) 2:30 PM Cooking with Chef Fred – Taste of France (BO) 3:30 PM Sip and Splash and Black History Month Trivia (P) 6:00 PM Scrabble (LGR) 6:30 PM Evening Cinema (THR)	Feb 03 10:30 AM Walking Club (L) 11:00 AM Word Play (LGR) 1:00PM – Food Forum with Fred and Angeline (THR) 1:30 PM Mahjong (BO) 1:30 PM Poker Club (LB) 2:00 PM Golden Bachelor (THR) 3:30PM – DIY – Valentine Day Wreaths (LGR) 6:30 PM Evening Cinema (THR)	Feb 04 10:00AM – Publix Outing (L) 10:00AM – USF OLLI- Magic with Everyday Items (THR) 10:30 AM Seated Cardio Class with Legacy (LGR) 1:30 PM Bingo (LGR) 2:30 PM Monopoly DEAL – Intro and Practice (LGR) 3:30 PM Sip & Sing Social with Johnny (BO) 6:30 PM Evening Cinema (THR)	Feb 05 10:30 AM Walking Club (L) 11:00 AM Brain Games (LGR) 1:30 PM Poker Club (LB) 2:00 PM H. Tubman BIO (THR) 3:30 PM Crafts with Keke - Pinecone Flowers (LGR) 4:00 PM Communion – St. Mark's Catholic Church (LB) 6:30 PM Evening Cinema (THR)	Feb 06 10:30 AM Walking Club (L) 11:00 AM Current Events (LGR) 1:30 PM Bingo (LGR) 2:30 PM Valentine Wheels and Treats Workshop with Pinnacle (LGR) 2:30PM Card and Board Games (BO) 3:30 PM Music & Mingle with live entertainment (DR) 6:30 PM Evening Cinema (THR)	Feb 07 10:30 AM Music and Movement with Melanie (LGR) 11:00 AM Scattergories (THR) 1:30 PM Bingo (LGR) 2:30 PM Nails and Chat – Manicures (LGR) 3:30PM – Short Film (THR) 6:30 PM Evening Cinema (THR)
Feb 08 10:30 AM Church Outing – St Marks Catholic Church (L) 1:30PM- The Entire History of Super Bowl (THR) 2:00 PM Piano Entertainment (L) 3:00 PM Rummikub (LGR) 3:30PM Tailgate Party and Super Bowl Trivia (BO) 6:30 PM Super Bowl (THR)	Feb 09- National Pizza Day! 10:30 AM Morning Meditation (LGR) 11:00AM – Bible Study (MC) 11:00 AM Cardio Drumming (LGR) 11:30AM – Pizza Party (DR) 1:30 PM Bingo (LGR) 2:30PM- Worship Service (L) 3:30 PM Latin Dance Class with Vivi and Rafael (LGR) 6:00 PM Scrabble (LGR) 6:30 PM Evening Cinema (THR)	Feb 10 10:30 AM Walking Club (L) 11:00 AM Word Play (LGR) 1:00PM – Nails and Chat - Manicures (BO) 1:30 PM Mahjong (LGR) 1:30 PM Poker Club (LB) 2:00 PM Golden Bachelor (THR) 3:30 PM DIY Make-Your-Own Love Soap (LGR) 6:30 PM Evening Cinema (THR)	Feb 11 10:00AM – Walmart Outing(L) 10:00AM – USF OLLI- Magic with Everyday Items (THR) 10:30 AM Seated Flexibility Class with Legacy (LGR) 1:30 PM Bingo (LGR) 2:30 PM – Healthy Heart Talk with Legacy (LGR) 3:30 PM Sip & Sing Social – Food and Wine Pairing (BO) 6:30 PM Evening Cinema (THR)	Feb 12 10:30 AM Walking Club (L) 11:00 AM Brain Games (LGR) 1:30 PM Poker Club (LB) 1:30PM- USF OLLI - Beginning Mahjongg (LGR) 2:00 PM Rosa Parks BIO (THR) 3:30 PM Sip & Paint – Valentine's Day Edition (LGR) 4:00 PM Communion – St. Mark's Catholic Church (LB) 6:00 PM Galentine's Social with Saxophone Player (L) 6:30 PM Evening Cinema (THR)	Feb 13 10:30 AM Walking Club (L) 11:00 AM History of Valentine's Day (LGR) 1:30 PM Valentine's Day Celebration with Harpist (DR) 1:30PM Friendship Bingo (LGR) 2:30PM Valentine Day Cardmaking (LGR) 3:30 PM Romantic Music Singalong (THR) 6:30 PM Evening Cinema (THR)	Feb 14 – Valentine's Day! 10:30 AM Music and Movement with Melanie (LGR) 11:00 AM Valentine Day Trivia (LGR) 1:30 PM Bingo (LGR) 2:30 PM Romantic Movie Matinee (THR) 3:30 PM Valentine's Day Coffee Social (BO) 6:30 PM Evening Cinema (THR)
Feb 15 10:30 AM Church Outing – St Marks Catholic Church (L) 1:30 PM: Cornhole (BO) 2:00 PM Piano Entertainment (L) 3:00 PM Rummikub (LGR) 3:30PM Karaoke with Alejandra (BO) 6:30 PM Evening Cinema (THR)	Feb 16 – Presidents Day! 10:30 AM Morning Meditation (LGR) 11:00 AM Cardio Drumming (LGR) 1:30 PM Bingo (LGR) 2:30 PM George Washington Biography (THR) 3:30 PM Sip, Splash and President's Day Trivia (P) 6:00 PM Scrabble (LGR) 6:30 PM Evening Cinema (THR)	Feb 17 10:30 AM Walking Club (L) 11:00 AM Word Play (LGR) 11:30 AM Lunar New Year Celebration (DR) 1:30 PM Mahjong (LGR) 1:30 PM Poker Club (LB) 1:30PM Seated Volleyball (BO) 2:00 PM Golden Bachelor (THR) 3:30PM DIY – Random Acts of Kindness Cards (LGR) 6:30 PM Evening Cinema (THR)	Feb 18 – Ash Wednesday 10:00AM – Publix Outing (L) 10:00AM – USF OLLI- Magic with Everyday Items (THR) 10:30 AM Balance Class (LGR) 1:30 PM Bingo (LGR) 2:30 PM Maya Angelou Documentary (THR) 3:30 PM Sip & Sing Social & Karaoke (BO) 4:00PM – Stonewood Dinner Outing (L) 6:30 PM Evening Cinema (THR)	Feb 19 10:30 AM Walking Club (L) 11:00 AM Brain Games (LGR) 1:30 PM Poker Club (LB) 1:30PM- USF OLLI - Beginning Mahjongg (LGR) 2:00 PM MLK BIO (THR) 3:30 PM Crafts with Keke – DIY Bookmarks (LGR) 4:00 PM Communion – St. Mark's Catholic Church (LB) 6:30 PM Evening Cinema (THR)	Feb 20 10:30 AM Walking Club (L) 11:00 AM Current Events (LGR) 1:30 PM Bingo (LGR) 2:30 PM – Blood Pressure Clinic with Pinnacle (LGR) 2:30PM Card and Board Games (BO) 3:30 PM Music & Mingle with Andrew (DR) 6:30 PM Evening Cinema (THR)	Feb 21 10:30 AM Music and Movement with Melanie (LGR) 11:00 AM Scattergories (THR) 1:30 PM Bingo (LGR) 2:30 PM Nails and Chat – Manicures (LGR) 3:30PM Afternoon Singalong (THR) 6:30 PM Evening Cinema (THR)
Feb 22- National Margarita Day! 10:30 AM Church Outing – St Marks Catholic Church (L) 1:30 PM: Cornhole and Margaritas! (BO) 2:00 PM Piano Entertainment (L) 3:00 PM Rummikub (LGR) 3:30PM Karaoke with Alejandra (BO) 6:30 PM Evening Cinema (THR)	Feb 23 10:00 AM Resident Council Meeting (THR) 11:00AM Bible Study (MC) 11:00AM Cardio Drumming (LGR) 1:30 PM Bingo (LGR) 2:30PM – Worship Service (L) 3:30 PM ED vs. Chef Showdown – Sandwich Edition (BO) 6:00 PM Scrabble (LGR) 6:30 PM Evening Cinema (THR)	Feb 24 10:30 AM Seated Pilates with Dominique (LGR) 11:00 AM Word Play (LGR) 1:00 PM Guided Meditation (THR) 1:30 PM Mahjong (BO) 1:30 PM Poker Club (LB) 2:00 PM Golden Bachelor (THR) 2:30 PM – Cooking with Rhonda – Pastry Edition (BO) 3:30PM Heart Health Bootcamp- Wear RED! (LGR) 6:30 PM Evening Cinema (THR)	Feb 25 - National Pancake Day! 7:00AM Pancake Specials (DR) 10:00AM – Walmart Outing (L) 10:00AM – USF OLLI- Magic with Everyday Items (THR) 10:30AM – Seated Strength Class with Legacy (LGR) 1:30 PM Bingo (LGR) 2:30 PM Show and Tell – National Storytelling (THR) 3:30 PM Sip & Sing Social & Karaoke (BO) 6:30 PM Evening Cinema (THR)	Feb 26 10:30 AM Walking Club (L) 11:30 AM Feb Birthdays Luncheon (PDR) 1:00 PM Resident Art Gallery – National Arts Month (L) 1:30 PM Poker Club (LB) 1:30PM- USF OLLI - Beginning Mahjongg (LGR) 3:30 PM Crafts with Keke- Flower Pot Painting (LGR) 4:00 PM Communion – St. Mark's Catholic Church (LB) 6:30 PM Evening Cinema (THR)	Feb 27 10:30 AM Walking Club (L) 11:00 AM Current Events (LGR) 1:30 PM Bingo (LGR) 2:30 PM Activities Suggestion Meeting & March Review (THR) 3:30 PM Music & Mingle with the Just Us Duo (DR) 6:30 PM Evening Cinema (THR)	Feb 28 10:30 AM Music and Movement with Melanie (LGR) 11:00 AM Scattergories (LGR) 1:30 PM Bingo (LGR) 2:30 PM Nails and Chat – Manicures (LGR) 3:30PM Afternoon Singalong (THR) 6:30 PM Evening Cinema (THR)

Location Legend: LGR – Lucky's Game Room | THR – Theatre | DR – Dining Room | BO – Bistro | LB – Library | L – Lobby / Outings

"February reminds us that even the smallest moments of connection can warm the heart."